






 <p>Barcelona - 2014</p> <p>25 ANIVERSARIO SEMM</p>       	<p>MARITIME HEALTH IN OCEANIC & OFF-SHORE RACING MEETING:</p> <p>“Draft of Recommendations to be discussed IMHA-ISAF”</p> <p>October 17th, 2014, BARCELONA, SPAIN</p>
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Welcome Registration and Cocktail: Real Club Marítim de Barcelona (RCMB): Muelle de España 19:00 to 21:00, Thursday, October 16th, 2014

Pre-Inaugural meeting at the Maritime Museum of Barcelona: Drassanes, Friday, October 17th, 2014

08:30-09:30	Entrega de documentació / Accueil des participants / Registration (<i>if not done the 16th. Oct</i>)	
09:00-09:30	Inauguración / Séance d’Ouverture / Opening Session	Local and International Authorities
09:30-10:00	Conferencia inaugural / Conférence inaugurale / Opening conference: 30 años de Regatas Oceánicas / 30 ans de Régates Océaniques / 30 Years of Ocean Racing	JY. Chauve (F) [Trad:F. Muñoz (ES)–ML.Canals (EN)]
10:00-10:30	Coffee	
In the hall to approx.10:05	Boarding to go to the Centro de Interpretación de la Vela Oceánica: Barcelona World Race (CIBWR)	

10:15 a 13:45 Centro de Interpretación de la Vela Oceánica: Barcelona World Race (CIBWR): Muelle de Levante, Barcelona

MHOR GROUP MEETING: Building Strategies (only in English)

10:15-10:30	Welcome by Andor Serra (FNOB President, Barcelona World Race)	A. Serra
10:30-10:45	Maritime Health in Off-shore Racing (MHOR Group? – Workshop?): IMHA visions, objectives, organisation, finances and time schedule support	AM. Horneland
10:45-11:00	Introductory Conference: Sailors’ Sleep in Oceanic Racing	E. Estivill-Sancho / C. Estivill-Domenech
11:00-11:15	IMHA-ISAF maritime health strategy outline draft proposal of recommendations	N. Nikolic
11:15-12:15	Coffee break and informal discussions by groups of Topics A, B, C	
12:15-13:15	Some cases:	Moderators: N. Muñoz / N. Nikolic, ML.Canals
	A) Racing: Barcelona World Race, Vendee Globe, Volvo Ocean Race, Mini Transat ... Training & Medical Organisation: S. Briggs, JY. Chauve, B. Loddé, JC. Fimbault ... B) Fitness standards, TMAS, Medical chest on board, User needs on shore: I. Denisenko, F. Gómez, AM. Horneland, AJ. Ulven C) Risk assessment on board, Injuries in sailing, Research: C.Vaz, D. Lucas, JL. Pérez-Navarro, O. Jensen	Individual 5 minutes presentations or between 15 to 20 min presentations by group of topics
13:15-13:45	Discussion - Conclusions	

13:45 Boarding to go for Lunch, to arrive at 14:00 at the Royal Maritime Club of Barcelona

Afternoon in the “Real Club Marítim de Barcelona” (RCMB): Muelle de España. Meeting of Key persons by groups to help to write the draft of the recommendations and strategies: Coordinator: N. Nikolic

Preparation of the Activity 17-10-2014 in English, Satellite for the 8CIHFMM, Barcelona (Spain)

1	Meeting title	MARITIME HEALTH IN OCEANIC & OFF SHORE RACING			
2	Purpose	Reach consensus and make report	Education	Enable wide exchange of views	Other
		Help to a draft X	X	X	
3	Objective	To map the current position on best practices for medical help on board offshore racing boats			
4	Goals	<p>To map current regulations in off shore racing related to health</p> <p>To map available practical cases on the topic</p> <p>To map knowledge and materials to be used for teaching</p> <p>To evaluate ILO/IMO Guidelines on the Medical examinations of seafarers in respect off shore racing</p> <p>To evaluate WHO International Medical Guide for Ships 3rd edition - Medical Chest in respect of off shore racing</p> <p>To evaluate WHO/IMO/ILO International Medical Guide for Ships in respect of off shore racing</p> <p>To evaluate IMO Model Courses in Medical Training in respect of offshore racing</p> <p>To evaluate current status of TMAS (Tele-medical advice for ships) in respect of off shore racing</p> <p>To identify the basic principles of medical protocol for off shore racing events</p> <p>To explore the need of future joint projects</p>			
5	Policy Relevance	Increase Medical Assistance Quality In Off Shore Racing			
6	Reference to policy concerns and best practice	<p>Maritime Health in Off Shore Racing needs common concerns.</p> <p>Medical teams involved should share and have a common forum to discuss main problems to be solved and/or some protocols.</p>			

7	Key persons	Name	Title	Affiliation Institution	Postal address	E-mail address	Fax	Tel
	Organizers	IMHA / SEMM / UCA / ISAF With the collaboration of FNOB		International Sailing Federation (ISAF)/ International Maritime Health Association (IMHA)/ Barcelona World Race – Fundació Navegació Oceànica Barcelona (FNOB)	IMHA Office Italielei 51 B-2000 Antwerp BELGIUM	imha@online.be semm@semm.org	+32 3 225 20 38 +34,977229959	+32 3 229 07 76 +34,655360705
	Chair	N. Nikolić		ISAF Medical Commission / IMHA / U. Rijeka	Riva Boduli 1, 51000 Rijeka Croatia	travel-medicina@ri.htnet.hr	+385 51 313324	+385 98 328930
	Organisational support Editor/Rapporteur	F. Muñoz & ML. Canals . N. Nikolik & AM. Horneland	Dr.	ISM/SEMM /IMHA/UCA	Pare Palau 6 atic, 43001 Tarragona Spain	lcanals@comt.es info@medimedic.com	+34,934439603 +34,977225999	+34,659005001 +34,655360705

8	Name of presenter	Name	Title	Affiliation Institution / Country	E-mail address	Topic
	MUÑOZ BONET	FERNANDO	Dr	SEMM / ISM	info@medimedic.com	Barcelona World Race
	CHAUVE	JEAN YVES	Dr	Mer et Vie, Nantes France	jycmervie@wanadoo.fr	Vendee Globe
	BRIGGS	SPIKE	Dr	Chief medical advisor to the Volvo Ocean Race, UK	dr.spike@msos.org.uk	Volvo Ocean Race
	NIKOLIC	NEBOSJA	Dr	ISAF MC / IMHA / U. Rijeka, Croatia	travel-medicina@ri.htnet.hr	IMHA / ISAF
	PEREZ- NAVARRO	JOSE LUIS	Dr	Tarifa Medic, Spain	doctor@tarifaentromedico.com	Sail injuries
	DENISENKO	ILONA	Dr	IMHA Russia	dr_denisenko@yahoo.com	Fitness standards
	GOMEZ- MUÑIZ	FERNANDO	Dr	U. Madrid, CRME, SEMM, Spain	fgmsemm@semm.org	TMAS
	HORNELAND	ALF MAGNE	Dr.	IMHA / U. Bergen, Norway	alf.magne.horneland@helse-bergen.no	Medical chest on board
	ESTIVILL	EDUARD & CLARA	Dr.	EU Specialist “Clínica del Sueño”, BCN, Spain	eduard@doctorestivill.com	Importance of night rest
	ULVEN	ARNE J	Dr.	U.Bergen/IMHA,Norway	ajul@helse-bergen.no	User needs on shore
	JENSEN	Olaf	Dr.	SDU, IMHA , Denmark	ocj@sdu.dk	Accidents Research

	LODDÉ	BRICE	Dr.	SFMM, UBO, CHU, Brest, France	brice.lodde@chu-brest.fr	Pathology in Mini Transat
	VAZ	CARMEN	Dr.	ISAF Medical Commission, Spain	carmenvaz@hotmail.com	Risk assessment on board
	LUCAS	DAVID	Dr.	SFMM, Santé au travail en Iroise, UBO France	lucas_d29@yahoo.fr	Risks
	FIMBAULT	JEAN-CHISTOPHE	Dr.	CH Douarnenez, France	je.fimbault@ch-douarnenez.fr	Medical Organisation Mini Transat
	CANALS	M. LUISA	Dr.	Maritime Health MD, Master MH, SEMM/IMHA Med Marit Director;Spain	lcanals@comt.es	Training doctors and Research

9	Attendance:	Open to all	By invitation		
			Non-invited cannot join	Non-invited can join as silent observers	Non-invited can join discussions
					x

10	Paper	A draft report to be applied in design of Medical Protocol for off-shore events
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11	Journals for intended publishing	Medicina Marítima (articles presented) activity included in the difussion information of the 8CIHFMM of Barcelona), IMH and others potential ones
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12	Time period	<p>Thursday: Oct 17th, 2014 in Barcelona, Opening Conference 8CIHFMM Museo Marítimo 9:00, Centre de Interpretacion de la Vela Oceanica BWR 10:30 to 13:45. Brain storming.</p> <p>Morning Free presentations on selected topics; presentations each from 5 min each or 15 to 20 by group + 30 min discussion at the end of the session</p> <p>Afternoon: Coordinated groups in R. Club Maritim to prepare the Report on maping the current position on best practices for medical help on board offshore racing boats. Agreement on the pre-draft of the position paper on best practices for medical help on board offshore racing boats with conclusions and proposals for a further action.</p> <p>Possibilities to continue group discussions on Oct 18th, 2014 afternoon</p>
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13	Estimated time for completed manuscript for	An introductory article and the opening conference have been presented to Med Marit. 2014 Journal. A draft-working document will be introduced in the Barcelona proposed docs to be spread before
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	publishing	by email to the possible participants. By the end of 2014 an article with information in “Windows to the World” in Med Marit, in IMH and in the IMHA Newsletter. After the IMHA-ISAF workshop of Nov 2014 a final consensus document planed 03.2015
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14	Work estimate	Shared with 8CIHFMM, as a satellite meeting		
15	Cost estimate Included in 8CIHFMM satellite activities	Type of cost	Estimate	
		Payment to invited people	No	
		Travel costs (5)	Own or sponsors	
		Accommodation (9 people)	Own or sponsors	
		Subsistence, Lunch & coffee break	Most included in 8CIHFMM	
		Venue: Moll de Llevant (quai building in the Barcelona harbour, near the Barceloneta area)	Centro Interpretacion Vela Oceanica Barcelona Worl Race	
		Technical equipment and communication	FNOB	
		Report writing	NN, AMH, support of NM, MLC if needed	
		Publishing	Med Marit, Int Marit Heath Journals, IMHA Newsletter	
	TOTAL	Partly Sponsored + 8CIHFMM fee		

16	Funding source	IMHA funded	Externally sponsored	Part of a programme	Self-funded (registration fee)
		?	?	X	X

17	Place, date,	Centre d'Interpretació de la Vela Oceánica, FNOB, Barcelona World
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	signature of proposer	Race. Moll de Llevant (Barceloneta square, Barcelona), October 17 (10:15-13:45), Previous Welcome and docs 16 th Oct. 19-21h in Royal Maritime Club, Gral Opening Session in the Museum Maritim 17 th Oct at 9:00 and going together to the venue at 10 h., In Club Maritime 14:00 Lunch & Groups meeting later, possibilities of personal meeting till October 18th, 2014
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18	Board decision:	Sponsors FNOB, SEMM, UCA
19	Place and date and signatures of IMHA	Agreement of collaboration?